

Holy Spirit of the living God I thank you that by faith I know that you are alive in me.

In the depth of my being,  
deeper than all my thoughts,  
deeper than my feelings,  
deeper than my will,  
you have made your home.

I praise you, I worship you, I love you,  
I thank you that you have made my body your  
home, that you even call it your temple.  
I thank you first and foremost  
that you have revealed Jesus Christ as Lord and Saviour to me,  
and all the blessings of his atoning sacrifice are now mine.  
I offer myself to you for this new day, for your purposes and your guidance, and  
hold nothing back.

Lead me,  
and prepare me for every  
opportunity to experience  
your mighty power.  
Give me a special opportunity  
to put to death my selfish nature,  
so that Jesus Christ can live in me.

Make me a channel of your love  
and healing, your power and blessing  
for each person that I will meet today.

Work all these things, O Holy Spirit,  
so that our loving Father in Heaven  
is glorified today and  
Christ is made known. AMEN.

(Adapted from a prayer by the monastic community Jesusbruderschaft.  
<http://www.jesus-bruderschaft.de>)