


## Printer-friendly version of ePrayer

<p><b>Theme:</b> Praise and gratitude</p>	<p><b>Date:</b> 28 Sep 2012</p>
<p><b>Scripture:</b> It is good to praise the Lord and make music to your name, O Most High, proclaiming your love in the morning and your faithfulness at night, to the music of the ten-stringed lyre and the melody of the harp.</p> <p>Psalm 92: 1-3</p> 	<p><b>Comment:</b> We have been going through one of those difficult seasons in life. Close ones have been and continue to be ill, children have left the nest ...</p> <p>In the light of this we have had a very good summer and I'm almost surprised! What was behind this I ask myself?</p> <p>Today I read this psalm. It occurred to me that during our break both of us had time and made an effort to focus on what Jesus did on the Cross, count our many blessings and give thanks and praise to God. Our mood changed, we felt less burdened, we worried less as we focussed on God. Gratitude moved us to praise. And we grew closer together. Hmmm.</p> <p>It is good to praise the Lord and move our eyes from the things and worries of this world to HIM.</p> <p>Maybe I'm a bit slow? How are you doing?</p>
<p><b>Prayer (as a couple):</b> Dear Lord, I get so wrapped up in myself. Help me to move my eyes and thoughts to you. Help me to give thanks and to praise you. Help .... to do the same for we know it is good to give you praise. In particular we give thanks and praise you for ..... Amen</p>	<p><b>Prayer (for others):</b> Dear Lord, May we all be more full of praise and thanks for what you have done and will do. In particular we pray for ... and .... That they will be able to give you thanks and praise and know the peace and joy that comes from you. Amen.</p>
<p><b>Final quote:</b> A true Christian is a person who never for a moment forgets what God has done for him in Christ, and whose behaviour and whole activity have their root in the sentiment of gratitude.</p> <p style="text-align: right;">(Based on a quote from John Baillie, Scottish Theologian)</p>	

**Remember others will also be praying in this way this week. Together and with God we can make a difference.**