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<p><b>Theme:</b> The taming of the tongue</p>	<p><b>Date:</b> 4 May 2012</p>
<p><b>Scripture:</b>                  With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.                  James 3:9 &amp; 10</p>	<p><b>Comment:</b>                  It's so good to worship praising our heavenly Father, extolling his many virtues and thanking him for all he is to us. But how often have we done that then shortly afterwards caught ourselves snipping at our Spouse? Or putting them down, telling them they 'always do that' or 'never do that'. Sometimes it's easier to focus on what isn't right than what is or use our spouse as the butt of our irritation. But God doesn't want us to worship him then 'curse' our beloved. He wants us to build them up, speak positively to them and ultimately affirm them so that they stand tall and flourish as the person God has created them to be.</p>
<p><b>Prayer (as a couple):</b>                  Father God, we just wanted to say sorry to you and each other for the times we forget how special our loved one is. Help us to find new ways to build each other up.                  Amen</p>	<p><b>Prayer (for others):</b>                  Lord we pray for ____ and ____ .                  Reveal to them each other's positives and give them your gift of affirmation.                  Amen</p>
<p><b>Final quote:</b>  <b>Before the tongue can speak, it must have lost the power to wound.</b>                  Peace Pilgrim</p>	

**Remember others will also be praying in this way this week. Together and with God we can make a difference.**

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